

A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE



WEEKLY CONNECTION WITH DR. GOUTHRO

November marks the beginning of my fourth year with North Central Health Care. On my very first visit, I recall being immediately impressed with its people and its mission. Although the last three years have not progressed as many of us had imagined -- a pandemic, staffing shortages, supply shortages, leadership transitions, and an increasing demand on mental health services, have again shown the resilience and strength of NCHC employees is surpassed only by the care which is provided to our community.

The NCHC CMO position was designed to ensure high quality care is provided to all of our patients; lead graduate medical educational activities; and liaison with the medical staff, administration, and the Board of Directors. My role has increased to include operational leadership of our BHS programs which was not part of its original intent. NCHC has begun to refocus its energy on to the basics of what makes what we do so important, and in taking this step, is in the process of becoming stronger because of it. Over the last many months, I have worked with Mort McBain on bringing the focus of my position back to its basics also.

Beginning in December, my role will transition back to its original vision. My focus will move to that of a consultant that will assist in continuing quality activities, oversee education, and support all of our mental health facing programs when needed. In our new organizational structure, I will be available to the Managing Director of Community Programs to ensure we serve the community's needs in an effective, efficient, and safe manner.

The work you do here is so very vital, and although my role is changing, I remain very proud to be a part of it. The importance of what occurs here every day cannot be understated, and it has truly been a privilege to work alongside of you.

Dr. Robert Gouthro
Chief Medical Director

- Workplace Giving..... 2
- Baking for the Holidays . 3
- Weekend Warriors 5
- Cards for a Cause 6
- IT Tips & Tricks 6
- Foodie Forecasts.... 8-9
- Covid-19 Updates ... 10



Deidra Zoromski, Community Treatment

For providing support, encouragement and advice for a new team member!

From:
Troy Stelzer



Occurrence Reporting Hotline
x4488 or 715.848.4488



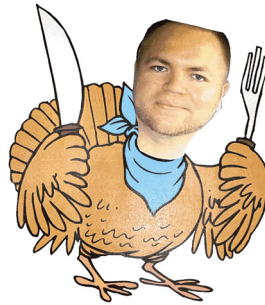
See Page 4 For Full Details!

Effective November 1, 2022

Only significant or sentinel events requiring immediate notification should use this hotline. These would include, but are not limited to, occurrences such as a catastrophic or environmental event that could result in loss of life or limb, sustained property damage at any NCHC location, situations that require notification of legal counsel, a major media presence, or any other situation that requires immediate attention to protect the safety and well-being of individuals served, visitors, or staff. Please reach out to your department leadership for all other concerns.



PHOTOS OF THE WEEK



Community Treatment celebrated Thanksgiving early with an Everything But The Turkey cooking challenge complete with celebrity guest judges and an official mascot (Glen "Turkey" Gardner)!



WORKPLACE GIVING CAMPAIGN

Each year, North Central Health Care participates in a workplace giving campaign to benefit our local United Ways. This holiday season, consider making a donation to your local United Way right from your NCHC paycheck! It's easy to set up and your donation directly impacts the lives of those right in your community. Designate which United Way you would like your gift to benefit, so whether you live in Marathon, Lincoln or Langlade County, your donation helps those closest to you. As an organization, North Central Health Care continues to support the United Way because their programs impact many of the people we serve in ways that our programs are unable.

DONATE FOR MULTIPLE CHANCES TO WIN!

Make a qualifying donation during United Way of Marathon County's Campaign and you will automatically be entered into the United Way and North Central Health Care Sweepstakes for chances to win.

DONATE THROUGH YOUR PERSONALIZED LINK!!

A personalized pledge message will be arriving in your NCHC work email from "[EXTERNAL] NCHC Communications". This link will be resent a few times in the upcoming weeks. Click the link within to be redirected to your personal donation page.

To check your current United Way donation amount, check your paystub under deductions, marked "United Way".

United Way Impacts

In 2021, the United Way made the following impacts in Marathon County alone:

\$468,500 were invested in programs addressing health priorities

8,644 childrens clothing items were distributed

\$672,000 were invested in programs addressing educational priorities

10,896 nights of shelter were provided

2.1 Million Pounds of food were distributed

2,163 Individuals were able to move into safe permanent housing

\$447,000 were invested into community programs to increase local families financial stability

914 individuals received substance abuse treatment & 4,472 individuals received mental health services from a United Way Funded Program

Over 8,000 Books were distributed to children

UNITED WAY Sweepstakes

Make a donation of at least \$1 per week (\$52+ per year) to be entered into the United Way Sweepstakes

New donations and previous gifts increased by \$13 earn DOUBLE!				Continue with the same gift as the previous year for standard entries.			
GIFT ENTRIES	\$52	\$78	\$104	GIFT ENTRIES	\$52	\$78	\$104
	2	4	6		1	2	3

GRAND PRIZE: \$7,000 CASH

2 ND PLACE \$2,500 cash	3 RD PLACE \$1,000 cash	4 TH PLACE \$500 Gift Certificate to the Grand Theatre	5 TH PLACE \$500 Gift Certificate to Brickner's of Wausau	6 TH PLACE \$500 Gift Card to Nivik Trip
7 TH PLACE \$500 Gift Card to Grobes	8 TH PLACE \$500 Greater Wausau Chamber Certificate	9 TH PLACE \$250 Gift Cards to Crossroads County Market & Festival Foods	10 TH PLACE \$100 Gift Cards to: Jamba/Jack Stone, Sam's Pizza, Evolution in Design, The Milk Merchant, Dig's Gift Store	

NCHC Sweepstakes

Make any donation to be entered into the NCHC Sweepstakes

HOLIDAY BAKING BASKET Flour, Sugar, Cookie Cutters, Baking for the Holidays Book, Cookie Sheet	COFFEE BREAK \$20 Bistro Certificate Shortbread Cookies Yeti Mug
(2) 8 HOUR PLT WINNERS	SLEDDING Hat, Mittens & Scarf 2 Sylvan Hill Sled Passes



BAKING FOR THE HOLIDAYS!

HELP US SPREAD SOME EXTRA HOLIDAY CHEER TO LOCAL FAMILIES THIS SEASON.

North Central Health Care is partnering with the United Way to assemble holiday baking baskets & recipes for community members in need.

There are *two* ways to help!

1

Attend the **BAKE SALE**

Wednesday, Nov. 16th, 10am-2pm
Mount View Care Center Lobby

Buy a sweet treat to benefit this sweet cause!
All funds raised will go directly towards adding items to baskets for community members.

2

Donate to the **SUPPLY DRIVE**

Donate directly to baskets!

Drop off supplies at the bake sale, or at the Volunteer office anytime before November 22. Recommended items are listed below, but any baking themed, new items are appreciated!

Needed Items:

- Cake Pans & Cookie Sheets
- Whisks, Spatulas & Misc. Utensils
- Mixing Bowls, Measuring Cups
- Pie Tins, Pie Filling
- Frosting, Sprinkles
- Flour, Oil, Extracts
- Granulated & Powdered Sugar
- Baking Powder, Baking Soda
- Cocoa Powder, Cinnamon
- Boxed Cake, Brownie or Bar Mixes
- Cookie Cutters, Food Coloring
- Holiday Cookie Mixes
- Misc. Baking Decorations
- Other Misc. Baking Supplies



North Central Health Care
Person centered. Outcome focused.

Occurrence Reporting Hotline

x4488 or 715.848.4488



Effective November 1, 2022

In an effort to streamline and conduct more efficient communications in the event of an emergency or immediate notification situation, changes have been made to the Occurrence Reporting Hotline and Admin On-Call policies. Effective November 1, 2022, the Admin On-Call and Occurrence Reporting policies will be replaced with a single Occurrence Reporting Policy. Please consult UKG Learning for the updated policy or talk with your manager. Managers will be reviewing the policy with all staff to ensure our teams utilize the Occurrence Reporting Hotline when needed.



When should I call x4488 or 715.848.4488?

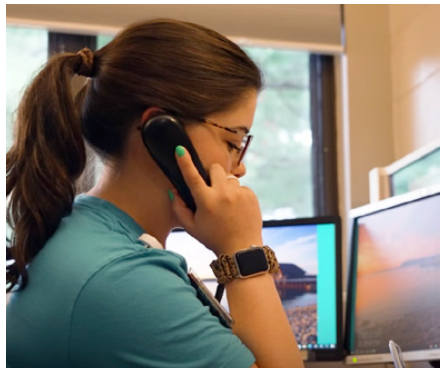
Only significant or sentinel events requiring immediate notification should use this hotline. These would include, but are not limited to, occurrences such as:

- a catastrophic or environmental event that could result in loss of life or limb
- sustained property damage at any NCHC location
- situations that require notification of legal counsel
- a major media presence
- any other situation that requires immediate attention to protect the safety and well-being of individuals served, visitors, or staff.



Who answers when I call the Occurrence Reporting Hotline and what happens next?

When any employee calls the Occurrence Reporting Hotline, you will first receive a pre-recorded message. This message is a reminder for the use of the Hotline. The call will then be automatically routed to a Crisis Professional on the Wausau Campus, who is available 24/7. You should notify the Crisis Professional that you are calling the Occurrence Reporting Hotline and to connect you to a member of Management to assist you. The Crisis Team will have a calling tree of management staff that they will connect you with to aid you with your situation immediately.



What if I am unsure if my situation warrants calling x4488?

Please review the new Occurrence Reporting Policy and become familiar and confident with your actions. Please reach out to your department leadership for all other concerns. Most departments have a Manager On-Call system in place that staff use already. They may also instruct you to call x4488 or call themselves. When in doubt, call x4488 and your call will be addressed. Our Management Team is here to help you.

 **Significant/Sentinel Events**
x4488
Call Occurrence Reporting Hotline
Available 24/7 • 715.848.4488

Occurrence Reporting
All Occurrences including Adverse Events, Near Misses & Incidents Not Consistent with Routine Operation

Click the SafetyZone Icon on Your Desktop



BRAND NEW POSITION AVAILABLE:

WEEKEND WARRIOR

In an effort to increase staff coverage on our most needed shifts North Central Health Care is launching a **BRAND NEW** Weekend Warrior Program. Shifts are scheduled solely on weekends and holiday rotations and cannot exceed 30 hours per pay period on average, annually.

These positions are not eligible for shift differential pay, pick up pay, or benefits.

\$25

CNA PAY PER HOUR

\$30

LPN PAY PER HOUR

\$42

RN PAY PER HOUR



Know a friend looking to pick up a few extra hours as a CNA, LPN, or RN?

Refer them for North Central Health Care's Weekend Warrior position and you could score a \$500 referral bonus after 90 days!

FOR ADDITIONAL INFO OR TO APPLY VISIT NORCEN.ORG/CAREERS



Looking to make extra cash for the holidays?
Contact Connie Gliniecki for additional shift availabilities!



NERD ALERT

WEEKLY TECH TIPS FROM IMS

KEY COMMAND: ALT + TAB

Function: Switch between Windows & Applications Quickly

How To:

1. Hold down on Alt key located left of space bar on keyboard.
2. Continue to hold Alt and press once on "Tab" key located in upper left corner of keyboard.

A BRIEF VIEW OF ALL WINDOWS WILL DISPLAY.

3. Press tab key again to continue to cycle through screens.
4. Release Tab key when desired window is selected.

Why is this command relevant at NCHC?

Dual monitors have become the preferred setup for computer users in the workplace. According to Jennifer Post's article "How Dual Monitors Can Save you Time and Money", they are proven to increase productivity by 42 percent. Unfortunately, not everyone is able to have dual monitors, but we do have the Alt + Tab function as an alternative.

Why Create a Habit of Using Keyboard Shortcuts?

- Switch screen views quickly
- View all open windows at one time
- Reduce clicks
- Increase efficiency

STAY TUNED FOR FUTURE TIPS!

Happy Thanksgiving
From All of us at MCECU!

MCECU Will Be CLOSED
on
Thursday, November 24th.

We Will be Open Normal Business Hours on
Friday, November 25th

Thanksgiving Blessings to You
and Your Families





Cards for a Cause COMMUNITY DONATION

"Thank you to JN Creations for their recent donation to the Mount View Care Center resident activity fund! Each month, JN Creations sells homemade "Cards for a Cause" and donates half the proceeds to different organizations around the community. She selected Mount View Care Center for October 2022. On behalf of the residents at MVCC we thank her!"

- LAURAL HARDER
Volunteer Services Coordinator



IF YOU NEED CCITC HELP...TAG IT!

New Technology Assistance Gateway (TAG) portal goes live October 31!

Starting Monday, October 31, you can use the new **CCITC TAG (Technology Assistance Gateway) portal** to:

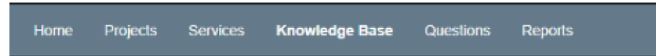
- Request help from CCITC
- See the status of your IT requests
- Get instructions on common questions/issues

A URL to access the portal will be emailed to you on Monday, October 31.

TAG IS YOUR ONE STOP I.T. SHOP

Just like Amazon, you can 'shop' for I.T. help **whenever you need it**. CCITC will be monitoring TAG requests during normal Helpdesk support hours of M-F, 7 am – 4:30 pm and respond to your requests as quickly as possible.

NOTE: If you need immediate assistance or can't access a computer please call the IT Helpdesk at 715-261-6710 or extension 6710.

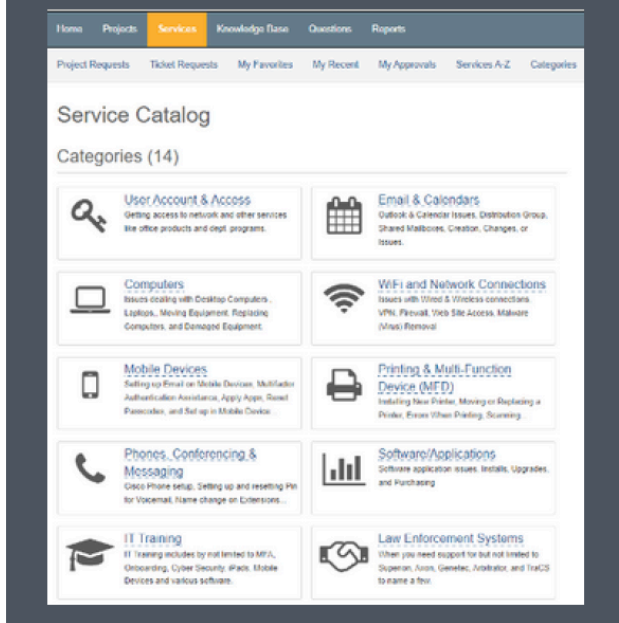


TO TAG OR NOT TO TAG?

TAG is the preferred way for you to request IT assistance. However, there are some situations where you **should call the IT Helpdesk** instead:

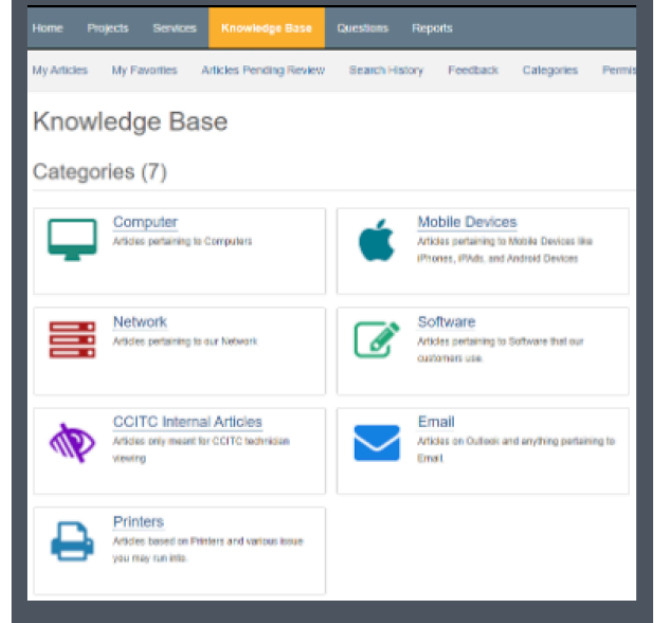
- **You can't log into a computer** (e.g. your account is locked or you need your password reset)
- It is an **urgent issue**, especially if it **impacts multiple people** or a whole department
- You think your computer has a **virus or been hacked**
- You are aware of a **data security breach**

Put in a request for I.T. assistance from an always available **Service Catalog**.



Find answers to your IT questions using the **Knowledge Base**.

We will continue to add more articles over time, so be sure to check back.



Questions? If you have questions, please contact the CCITC Helpdesk at x6710 or it_helpdesk@co.marathon.wi.us.



WHAT'S FOR LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA



BREAKFAST HOURS

9 AM – 11 AM

LUNCH HOURS

MONDAY – FRIDAY

11:30 AM – 1:30 PM

HOT FOOD BAR \$.45/OUNCE

(Weekdays Only)

GRAB-N-GO HOURS

MONDAY – FRIDAY

9 AM – 5:30 PM

WEEKENDS:

GRAB-N-GO ONLY

NOVEMBER 14 – 18 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Smoked Paprika Chicken Mashed Potatoes Green Beans	Lasagna Garlic Toast	Apple Butter Pork Stuffing Butternut Squash	Turkey & Rice Casserole Dinner Roll Corn	Baked Cod Herbed Rice Coleslaw
SOUP	TBD	Creamy Carrot	Garden Veggie	TBD	TBD
DESSERT	Caramel Apple Cheesecake	Peaches	Snickerdoodle Crispy Bar	Banana Strawberry Bar	Cranberry Crunch

NOVEMBER 21 – 25, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Baked Chicken Loaded Potatoes Carrots	Ritzy Chicken Casserole Roasted Potatoes	Hot Pork Sammy Mashed Potatoes Broccoli	Potatoes & Ham Brussels Dinner Rolls	Baked Spaghetti Peas & Carrots Breadsticks
SOUP	Cream of Broccoli Soup	TBD	Cream of Tomato	TBD	TBD
DESSERT	Cookies	Marbled Cherry Pie Cake	Sweet Potato Crisp	Fluffy Fruit Dessert	Cookies



THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM
HOT FOOD AVAILABLE UNTIL 2:30PM



PANINI OF THE WEEK

BBQ PULLED CHICKEN

BBQ PULLED CHICKEN
TANGY COLESLAW
CHOICE OF CHEESE

\$6.50

LATTE OF THE WEEK



PEANUT BUTTER
CUP LATTE

**KICK START YOUR WEEK WITH
\$1 OFF ANY LARGE LATTE EVERY MONDAY!**

PANINI FORECAST

11/21 | MEATLOAF PANINI

CHEDDAR | MEATLOAF | BBQ/KETCHUP SAUCE | ONION

11/28 | PESTO CHICKEN

GRILLED CHICKEN | PESTO | RED PEPPER | SPINACH

12/5 | AMERICAN STYLE MUFFULETTA

SALAMI | HAM | PROVOLONE | GARLIC OLIVE SAUCE

COME TRY OUR NEW EXTRA CREAMY RECIPE!

SMALL CONE/LARGE CONE 1.70/2.50
SMALL SUNDAE/LARGE SUNDAE 2.70/3.70

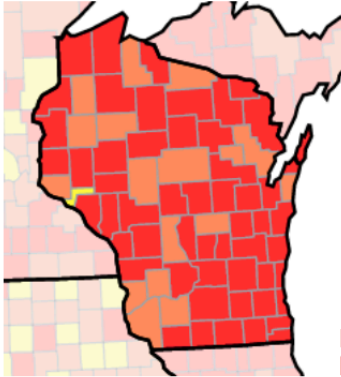
ONE TOPPING INCLUDED: * NEW - MINI BROWNIE BITES *
SPRINKLES, OREO CRUMBLES, CHOCOLATE SYRUP,
WHIP, STRAWBERRY SYRUP, CARAMEL





CURRENT TRANSMISSION LEVELS BY COUNTY | NOVEMBER 10, 2022

Temperature screening is **NO LONGER** required for Employees or Visitors at any NCHC location.



MARATHON



High

LINCOLN



High

LANGLADE



High

Note: Marathon County moved down to Substantial Level, however we must maintain that level for 2 weeks before changing status. Marathon will remain at HIGH until notice is given.

Based on your county's transmission levels noted above, please take the following actions for your county of service:



All Nursing Home and Hospital Locations (Adult & Youth):

Staff, visitors and patients are **REQUIRED** to wear masks at all times in all areas including hallways, waiting rooms and meetings that include residents or patients.

Non-Nursing Home and Non-Hospital Locations:

Face masks are **RECOMMENDED**, but not required by staff, patients and visitors, except for when social distancing cannot be maintained in private offices, therapy rooms, exam rooms and while transporting any patient, client or resident in a personal or NCHC vehicle.

All Staff at ALL locations may remove masks while working alone in private offices, employee-only access areas and in areas prohibited to patients or residents, like staff-only meeting rooms, offices or lounges.

EMPLOYEE REPORTING

Employees are **REQUIRED** to report any signs of illness to their manager immediately.

- Employees should STAY HOME if they are experiencing any signs of illness. Managers and Employee Health will provide return to work guidance.
- Staff are required to use PLT or take unpaid leave due to symptoms or exposure.
- Managers are **REQUIRED** to report employees with symptoms, exposure or positive for Covid-19 in SafetyZone as soon as possible.
- Employee Health: 715.848.4396